

# 2022 2023 PRAIRIE FIRE CHEERLEADING INFORMATION PACKAGE

## Welcome to Prairie Fire Cheerleading!

2022 2023 will begin our 17<sup>th</sup> season of excellence! We are excited to move towards our new normal with a year of competitive all-star cheerleading and training for a season of routines, competition and travel - we are thrilled about that! Cheerleading provides individual athletes with opportunities for success combined with the strengths of teamwork and the excitement of performing. With over 250 athletes and 20 certified coaches, we have a spot for everyone!

At PFC, we are guided by our club mission: a responsible business, a place for everyone, and creating a family. We focus on this with our club words: Family, Leadership, Integrity, Positivity, Perseverance, Empower and Respect. We look forward to sharing our family with you.

### START HERE!

**Step 1:** Read over the information and decide on either pre-competitive or competitive programming. Families choose what suits them best - there is no experience required for either stream!

**Precompetitive programming** is available for birth years 2014 - 2020 with a once/week commitment

**Competitive programming** is available for birth years 2018+ with a 2-4/week practice commitment

**Step 2:** If you have decided on:

**Pre-competitive** - select this link to pre-register for your fall team: No payments are taken at this time.  
<https://www.amilia.com/store/en/prairie-fire-cheerleading/shop/activities/3889293>

**Competitive** - select this link to register for team placements for all teams except Wildfire, Code Red and Fever: these teams tryout in June:  
<https://www.amilia.com/store/en/prairie-fire-cheerleading/shop/programs/76453>

**Step 3: If you have decided on:**

**Pre-competitive** you should have received a confirmation email in your inbox at the time of pre-registration. You will receive an email from us in July about the new platform and the link to officially register for the fall.

**Competitive** you should have received a confirmation email in your inbox confirming your registration for team placements. Please read further for more information about team placements. You will receive an email from us in July with more information about our new fall registration platform.

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## OUR TEAMS

Our teams are first split by age, skill, and amount of practice time. Age divisions are determined by the International All Star Federation (IASF) and Cheer Canada (CC). Ages in our sport are calculated based on the year of the competition season. An athlete is age eligible if they are the given age for that category at any time between January 1, 2023 and December 31, 2024. The easiest way to figure it out is to look at the birth years below.

<b>U6 (6 years and younger)</b>	birth ages 2016-2018
<b>U8</b>	birth ages 2014-2018
<b>U12</b>	birth ages 2010-2015
<b>U16</b> (previously U17)	birth ages 2006-2011
<b>U19</b>	birth ages 2004-2009
<b>International Open</b> (ages 15+)	birth ages 2008 or earlier

## STREAMS

**Pre-Competitive:** Our pre-competitive stream is perfect for families wanting to try out our sport, have additional commitments to other activities, or are wanting to keep expenses down. The pre-competitive teams run once per week on the weekend in a non-competitive environment and offer athletes the opportunity to perform at showcases and demonstration performances while learning about our sport and working towards a routine or routine skills. There are no competition or travel expenses for our pre-competitive stream. Athletes learn all aspects of cheerleading and will learn up to a full routine.

**Competitive:** Our competitive stream is intended for new and/or returning athletes or athletes interested in committing to two or three practices per week in a more competitive environment. These teams require a higher level of commitment and depending on the age group, more competitions and travel expectations.

## SPRING TRYOUTS

We have tryouts in the spring for Wildfire, Code Red, and Fever so that they can train over the summer preparing for the fall season.

To register: <https://www.amilia.com/store/en/prairie-fire-cheerleading/shop/programs/75222>

## TEAM PLACEMENTS

Athletes will have the opportunity to meet the staff, have some fun and show off their skills working with coaches on stunting, jumping, stretching, dance, and tumbling. The team placement process enables us to place kids with other kids at the same starting point so that everyone feels great with the skills and abilities they bring forward to their team and that nobody is too far ahead or too far behind their teammates. After team placements are completed for the entire club (August 25) **you will receive information in an email about which team your athlete has been placed on and the registration information pertaining to that team. You will have the team information by Sunday August 28<sup>th</sup>, 2022.** Everyone is placed on a team!

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## UNIFORMS

This season is the second year of a three-year uniform cycle. This three-year commitment allows families to reuse uniforms, or sell and trade the uniforms during the cycle. We will be bringing back our PRE-LOVED SALE AT THE END OF AUGUST. We strive to create a trendy, exciting uniform that athletes will love and that will look great on the competition floor. We also understand the cost of all-star cheer and try to keep uniform and gear costs reasonable, which is why we reuse our uniforms for multiple years.

**Pre-competitive athletes** will receive a club top (t-shirt or tank top) and will have the option to buy a skort if they choose. Otherwise they can simply wear black (or any color) shorts. Pre-competitive athletes do not need a uniform but will wear their matching tops for showcases.

**Competitive team** uniforms include a bodysuit and skort at minimum. The older athletes then have items added to this uniform such as sleeves and neck pieces. The skirt and bodysuit are the same club-wide with the option for differences in hair pieces and sleeves depending on the team. Every athlete will also receive a club top. The costs for the uniform are found under fees. Uniforms are sold separately, but are explained in the fee structure as they often do not need to be purchased every season.

## PRACTICE SCHEDULE

The practice times may adjust a bit in the fall. We try our best to have our teams practice at age appropriate times, and have our older athletes heading home no later than 10pm. We look forward to the challenge of making our many practices fit into a limited schedule.

**Prairie Fire Cheerleading 2022/2023 TENTATIVE Practice Schedule**

Team Name	Division	Practice Times	Tumbling Time
Flicker	U4	Saturday 9:30am-10:30am	Included in practice
Kindling	U6	Saturday 10:30am-11:30am	Included in practice
Firestarters	U8	Saturday 9:00am-10:30am	Included in practice
Firebugs	U6	Saturday 10:30am-11:45am & Wednesday 5pm-6:15pm	Included in practice
Burn	U8	Tuesday & Friday 5pm-6:30pm	Included in practice
Firecrackers	U8	Monday & Thursday 5pm-6:45pm	Optional Saturday
Spitfires	U12	Monday & Thursday 6:30pm-8:15pm	Included in practice
Crossfire	U12	Monday & Thursday 5pm-7pm	Optional Saturday
Fireworks	U12	Tuesday & Friday 5pm-7pm	Optional Saturday
Firestorm	U16	Tuesday & Friday 6:15pm-8:15pm	Optional Saturday
Wildfire	U16	Tuesday & Friday 7pm-9:15pm	Saturday 1:30-3:15
Code Red	U19	Monday & Thursday 7pm-9:15pm	Saturday 11:45-1:30
Hot Shots	Open	Monday* & Thursday 8pm-10pm	Included in practice
Fever	Open	Tuesday & Friday 7:45pm-10pm, Wednesday 5pm-7:15pm, Saturday 1:45-3:45pm	
Crossover	U19	Monday* 8pm-10pm & Wednesday 7:15-9:15	N/A

\* Hotshots Monday practices will only be for the 2nd half of the season, after Winter break

\* Crossover Monday practices will be as discussed upon team placements

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### TRAINING FEES

Below you will find each teams' expenses for the season. Included in this is: administration fee, tuition, choreography and all applicable taxes. Our fees are reflective of the amount of time each athlete trains in the gym and the needs of each team (taxes included). There are no hidden fees that will be added. The only additions to this are summer training outlined below, team-specific gear, and travel/competition fees (estimated below). **THESE DETAILS ARE SUBJECT TO CHANGE.**

Team	Division	Admin	Choreo	Tuition	taxes included		
					TOTAL	Uniform	Inc Uniform
Flicker / Kindling	U4/U6	\$200.00	\$50.00	\$245.00	\$519.75	\$0.00	\$519.75
Firestarters	U12	\$200.00	\$50.00	\$385.00	\$666.75	\$0.00	\$666.75
Firebugs	U6	\$300.00	\$150.00	\$640.00	\$1,144.50	\$340.00	\$1,484.50
Burn	U8	\$300.00	\$150.00	\$800.00	\$1,312.50	\$340.00	\$1,652.50
Spitfires	U12	\$300.00	\$150.00	\$920.00	\$1,438.50	\$340.00	\$1,778.50
Firecrackers	U8	\$300.00	\$170.00	\$920.00	\$1,459.50	\$360.00	\$1,819.50
Crossfire	U12	\$300.00	\$170.00	\$1,200.00	\$1,753.50	\$360.00	\$2,113.50
Fireworks	U12	\$300.00	\$170.00	\$1,200.00	\$1,753.50	\$360.00	\$2,113.50
Firestorm	U16	\$300.00	\$170.00	\$1,200.00	\$1,753.50	\$360.00	\$2,113.50
Wildfire	U16	\$300.00	\$270.00	\$1,280.00	\$1,942.50	\$400.00	\$2,342.50
Code Red	U19	\$300.00	\$270.00	\$1,360.00	\$2,026.50	\$400.00	\$2,426.50
Fever	Int Open	\$300.00	\$270.00	\$1,360.00	\$2,026.50	\$420.00	\$2,446.50
Hotshots	Int Open	\$100.00	\$50.00	\$420.00	\$598.50	\$0.00	\$598.50
Crossover	U19	\$0.00	\$50.00	\$175.00	\$236.25	\$0.00	\$236.25

### SUMMER TRAINING FEES

Training for **U12/U16 level 3 (Flare/Wildfire)** and **U19 Level 3/4 (Heat/Code Red)** will include weekly leveled tumbling times, and a **required** four-day camp on July 20-23 from 9am-12pm and July 20-23 from 1-4pm respectively. The four-day camp will be available upon tryout invite by June 23 (\$190.00). \*tumbling classes are \$116.00. All Level 3+ teams (Wildfire and Code Red) will train the week after team placements (Aug 29-Sept 1 evenings, times TBD).

Training for **IO5 (Fever) U18 Level 4/5NT (Name TBD)** will include weekly leveled tumbling times and weekly training times on Tuesdays from 7-9:30pm (June 28, July 5, 12, 19, 26, Aug 2, 9, 16). The weekly training will be available upon tryout invite by June 23 (\$210.00). \*tumbling classes are \$116.00

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## FAMILY DISCOUNTS

Families only pay one administration fee. If you have more than one immediate family member registered for the 2022/23 season you only pay one admin fee. For our 2021/22 team athletes: if you refer a friend and they register for a team for our 2022/23 season you receive a credit of \$100 in December.

## COMPETITION SCHEDULE

We are excited to compete this season, but note this is subject to change. The official schedule will be **confirmed October 1, 2022**. Most competition expenses/fees will be confirmed **by November 1, 2022**. Athletes are expected to be in attendance for all showcases and competitions. Below are some general *estimated* competition costs based on past years.

Prairie Fire Cheerleading TENATIVE 2022 2023 Competition Schedule and Estimated costs																					
Team Name	Division	Battle at the Border Dec 3, 2022 Lloydminster	PFC SHOWCASE 2022	Winter Knockout Jan 14, 2023 Martinsville	Cold Snap Jan 28-29, 2023 Edmonton	ATC Feb 4-5, 2023 Calgary	Best of the West Feb 11, 2023 Regina	Ontario Championships Feb 18-19, 2023 Kitchener, ON	February Break Feb 18-24, 2023	NCA Feb 24-25, 2023 Dallas TX	True North March 4-5, 2023 Edmonton	Warman Classic March 11-12, 2023 Warman	SCA Provincials March 18, 2023 Regina	Easter Break April 8-14, 2023	ACE April 14-15, 2023 Edmonton	Cheer Evolution April 14-16, 2023 Niagara falls	Worlds April 22-25, 2023 Disneyworld, Orlando, USA	Summit April 29-30, 2023 Disneyworld, Orlando, USA	Canadian Championships May 20-21, 2023 Saskatoon	COP Brands May 2023 PV Mexico	
		\$60		40	150	350	50	TBD		1800	350	50	50		60	1200	2200	2000	120	1400	
Flicker / Kindling	U4/U6	<i>January and March showcase at PFC</i>																			
Firestarters	U12																				
Firebugs	U6														?						
Burn	U8														?						
Spitfires	U12														?						
Firecrackers	U8													?							
Crossfire	U12													?							
Fireworks	U12													?							
Firestorm	U16												?								
Wildfire	U16				?																
Code Red	U19	?								?								?			
Crossover Team	U19																		?		
Fever	Int Open	?			?										?						
Hotshots	Int Open												?							?	
UOS	Collegiate			X			X	X					X								

Welcome to the Family!