



General Rules & Information

- As of October 19, 2021 all SCA sanctioned events require proof of vaccination or negative test. This applies to PFC practices. To see the policy please see [SCA.ca](https://www.sca.ca)
- Effective September 17, 2021 masking is required for all indoor public spaces. All athletes are required to wear a mask for all of practice except for water breaks. (This has been extended until the end of November).
- Effective October 1, 2021 a provincial requirement for proof of vaccination or negative test will be implemented for public access to a list of businesses including: Indoor fitness centres, and gyms. This means that PFC is required by law to request proof of vaccination or negative test from anyone entering our building, including spectators.*
- Because we are not only youth athletics we must follow the gym regulation.
- Coaches will take note of scanned vaccine QR codes so that athletes do not need to scan every practice.
- Screening and temperature checks are still required at entry.
- Anyone who tests positive for COVID-19 must self-isolate for 10 days after receiving a positive test result.
- 100% of PFC staff has been vaccinated and provided proof of vaccination.

* not applicable to U12 as explained below (source: saskatchewan.ca)

Under 12 athletes

- if you are a close contact you are allowed to attend school, but we ask that you stay home from practice and self monitor for 14 days as recommended by government guidelines
- Children under the age of 12 are exempt from proof of vaccination or negative test result.
- Stunting at practice is limited to decrease risk of close contacts due to inability to be vaccinated at this time

Over 12 vaccinated athletes

- If you are a close contact you must self-monitor for symptoms but can continue to practice; weekly testing recommended.
- Team events will require rapid tests prior to the event*
- Proof of Vaccination **in the form of a QR Code** is required to be shown and recorded by coaches upon first practice after October 1st.

* provided by PFC

Over 12 un-vaccinated athletes & spectators

- If you are a close contact you must self-isolate for 14 days from your last date of exposure
- Team events will require negative rapid tests prior to the event*
- Self-administered rapid COVID-19 testing must be completed prior to weekly practices, or spectating and negative result must be reported to your coach**

* provided by PFC

** **not** provided by PFC, these are the responsibility of each athlete